

Public Document Pack

Teviot & Liddesdale
Area Partnership

Our Scottish Borders
Your community

Meeting

Date: Tuesday, 7 November 2023
Time: 6.00 pm
Location: Lesser Hall, Town Hall, Hawick, TD9 9EF

Please note that the meeting will be held in-person only and therefore the meeting will not be livestreamed and there is no option to join the meeting online.

AGENDA

1.	Welcome
2.	Feedback from meeting of 4 October 2023 (Pages 3 - 4) Minute of meeting held on 4 October 2023. (Copy attached.)
Section 1: Service and Partner Updates	
3.	Police Scotland Update
4.	Borders Community Action Draft Strategy - Fiona Benton
5.	NHS - Time for Change Input - Clare Oliver (Pages 5 - 32) Copy of presentation attached.
Section 2: Community Empowerment and Community Funding	
6.	Teviot and Liddesdale Funding Table 2023/24 (Pages 33 - 34) Overview from SBC Communities and Partnership Team. (Copy attached.)
7.	Neighbourhood Support Fund - Pot A Fund Hawick Men's Shed: Hawick Community Council Pot A (To follow.)
8.	Involving Young People in Neighbourhood Support Fund Panel meetings
Section 3: Local Priorities	
9.	Update on Place Making Progress
10.	Community Council Update

Section 4: Other

11.	Additional Information Document (Pages 35 - 40)
12.	Date of Next Area Partnership Meeting - 20 February 2024
13.	AOB

Please direct any enquiries to Declan Hall
Tel: 01835 826556; Email: Declan.Hall@scotborders.gov.uk

**SCOTTISH BORDERS COUNCIL
TEVIOT AND LIDDESDALE AREA PARTNERSHIP**

MINUTES of Meeting of the TEVIOT AND LIDDESDALE AREA PARTNERSHIP held via Microsoft Teams on Wednesday, 4 October 2023 at 9.30 am

Present:- Councillors C. Ramage (Chair), S. Marshall, N. Richards and A. Smart together with 7 Community Councillors and Members of the Public.

Apologies:- Councillors J. Cox, and W. McAteer.

In Attendance:- Community Engagement Officer (S. Culverwell), and Democratic Services Officer (D. Hall)

1. **WELCOME**

The Chair welcomed attendees to the meeting of the Teviot and Liddesdale Area Partnership.

2. **FEEDBACK FROM PREVIOUS MEETINGS**

There had been circulated the Minutes of the meetings held on 14 June 2023 and 19 September 2023. The Chair explained that the consultation on the draft Community Planning Partnership Plan and the Local Housing Strategy 2023-2028 had closed. There had been a good response to both consultations. The Local Housing Strategy would be presented to the Executive Committee in November.

DECISION

AGREED to approve the Minutes for signature by the Chair.

3. **TEVIOT AND LIDDESDALE FUNDING TABLE 2023/24**

There had been circulated copies of the Teviot and Liddesdale Funding Table 2023/24. The Community Engagement Officer, Ms Sarah Culverwell, presented the table and highlighted that a fast-track application from Hawick Boxing Club for £500 had been awarded.

DECISION

NOTED.

4. **NEIGHBOURHOOD SUPPORT FUND 2023/24**

4.1 There had been circulated copies of the Neighbourhood Support Panel recommendations for three applications.

4.2 **Burnfoot Community Futures**

The application from Burnfoot Community Futures was for £3084 to develop and provide an events programme following a number of previously successful events. A breakdown of the proposed events, which included 10 events and 2 trips had been provided. £2184 of the grant was planned for staffing costs and £900 for bus hire. The Burnfoot Panel had considered the application and recognised that the project was beneficial and would serve an underprivileged area. They had recommended to grant £1500. In response to a question regarding whether the applicants would be able to proceed with their plans if they were not granted the full amount, Mr Culverwell explained that the funding would allow some of the events to proceed, and that Burnfoot Community Futures were in the process of seeking alternative sources of funding. Members unanimously agreed to approve the recommendation.

DECISION

AGREED to grant Burnfoot Community Futures £1,500 from Pot A of the Teviot and Liddesdale Neighbourhood Support Fund.

4.3 Southdean Village Hall

Southdean Village Hall had applied for £800.06 to help cover additional costs for an artist to provide their services at the Southdean Village Hall Craft Evenings. The funding would ensure that the events were more affordable and allow the provision of 2 free places per class. The Panel had considered that the events provided considerable benefit to the local and wider community. Members unanimously agreed to approve the recommendation for £800.06.

DECISION

AGREED to grant Southdean Village Hall Craft Evenings £800.06 from Pot A of the Teviot and Liddesdale Neighbourhood Support Fund.

4.4 Interest Link Borders

An application to Pot B of the Neighbourhood Support Fund had been received from Interest Link Borders which requested £4500 to assist costs associated with volunteering and Group costs, comprising tutor costs, venue hire and an overnight trip. The Panel had considered the application and noted there was much evidence of many other funding applications, either secured or had been applied for. Interest Link had also applied to the four other Area Partnerships for funding. The Panel had unanimously agreed to recommend to grant £4500.00 to Interest Link and there were no conditions attached to the award. Feedback to the Panel would be appreciated in the first instance relative to the group tutor events and secondly in 2024 in respect of the proposed trip to Kielder. Panel members had expressed comments such as Interest Link providing a valuable and fantastic organisation much needed within Scottish Borders for those with learning difficulties but not just for the children themselves but also family carers. Great consideration was given by the Panel to the application, particularly in respect of current and potentially future funding for the work involved. Mr Andrew Findlay of Interest Link was present at the meeting and confirmed that he was happy to provide feedback following the events. It was unanimously agreed to approve the grant in full.

DECISION

AGREED to grant Interest Link Borders £4500 from Pot B of the Teviot and Liddesdale Neighbourhood Support Fund.

5 NEIGHBOURHOOD SUPPORT FUND 2022/23

There had been circulated copies of a recommendation from Hawick Community Council which requested a reallocation of the balance of £1,664.25 towards the Christmas Event fund. The funds were an underspend from the £2,916.25 Williestruther Pathways Project from the NSF 2022/23. The reallocation would be used to assist with the running of the event and fund the purchase of new Christmas lights and Santa gazebo. Members acknowledged the importance of Christmas lights events to the community of Hawick and unanimously agreed to approve the recommendation.

DECISION

AGREED to allow Hawick Community Council to reallocate the underspend of £1,664.25 to the Christmas Event fund to assist with the running of the event and to buy new Christmas lights and Santa gazebo.

The meeting concluded at 10:00 am.

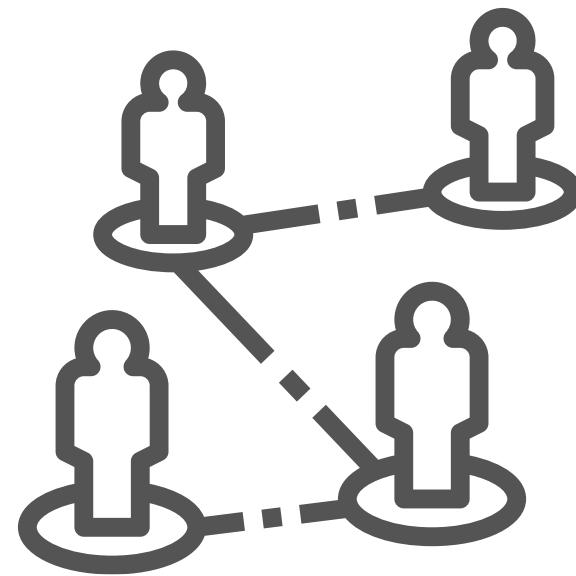


Time for Change



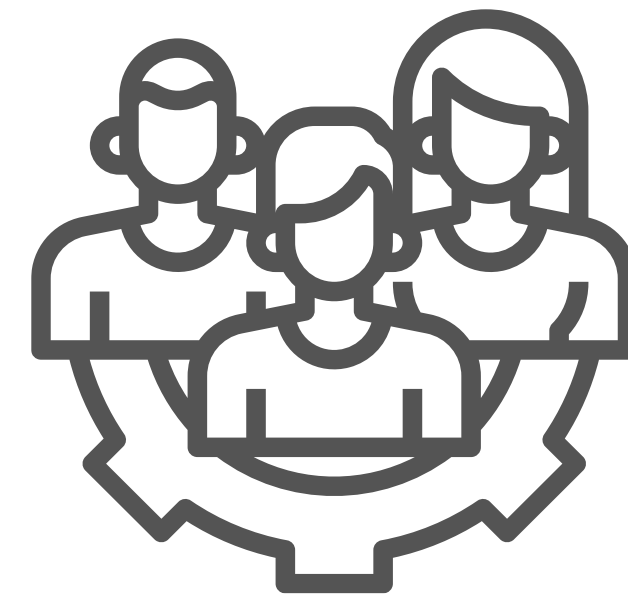


Developments in
healthcare



Demographics

Drivers for change



Workforce



Money



Setting the scene

- The scale of the challenges faced in planning and delivering health services to meet need are unprecedented
- We must balance the delivery of safe, quality care within the financial and human resources available to us
- We have significant workforce challenges, with a smaller working age population (45% vs 65% nationally) operating across a large rural area and national shortages of specialist workforce in many areas
- Our financial deficit has continued to increase over the past few years due to growth in demand and changes in the cost of healthcare. We are projecting an overspend of £26 million by March 2024

We need to start doing things differently



We cannot meet infinite demand with the resources available

This means we must consider options and make decisions about which services we do or do not provide, where from and who by

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We are committed to involving our staff and communities in the development of options and the decision making process

Sometimes developments are out of our control (e.g. independent contractor decisions)

It is important that we trust one another



Social determinants of health & wellbeing

- The population of the Borders is 116,000
- Social determinants of health are the conditions in which we are born, grow, age, live and work
- They can be more important than healthcare or lifestyle choices in influencing our health outcomes, and often lead to health inequalities
- That's why it is important that people play their part in their own health and wellbeing

Services you can access in the community



Community Bed Based Services (e.g. Care homes, community hospitals)



Acute Hospital Services



Mental Health Services



Services in the community | Where are we now?

- **Recruitment and Retention Challenges** with independent contractors; GPs Dentists, Pharmacists, Opticians
 - 15% of Community Pharmacists have no regular Pharmacist on a day-to-day basis
 - 10% GP vacancy rate
- **Demand for NHS dental services** continues to increase but there are significant national challenges in recruitment and retention of general dental practitioners
- Many **buildings in the community** are old and require upgrading and expansion
- **Primary Care Improvement Plan (PCIP)**: many services that used to be delivered by GPs are now provided by the Health Board (e.g. vaccinations and treatment rooms)
- **Pharmacy First** is an excellent service where you can receive treatment for a range of ailments direct from the community pharmacy
- **Diversified and upskilled workforce** – new roles, e.g. Advanced Nurse Practitioners mean you don't always need to see a GP
- **Health creating capacity** – what can you do to take responsibility for your own health?

What you have already told us

- Access to local primary care is important to people
- When asked what the gaps in health and social care are, the second most common response was “access to a GP”
- In Berwickshire people said that GP recruitment and access to Dentists is an issue
- In Tweeddale feedback showed that GP communication has improved
- Carers reported needing more support from their GP in their caring role
- Post-diagnostic support for people with dementia is lacking
- Face to face appointments are important to many people

Achievements and areas of focus

- **GP Fellowship scheme** to attract 'first five' GPs to the Borders
- **First Contact Practitioner:** Musculoskeletal Physiotherapy
- **Renew service:** a centralised service offering a 'see and treat' model for anxiety and depression
- **Urgent care pathway:** established in 2019, led by an Advanced Nurse Practitioner (ANP)
- **Service / Workforce Reviews:** operationally led reviews to forward plan safe, effective, equitable and both clinically and financially viable services
- **Primary Care Improvement Plan (PCIP):** continue to develop multi-disciplinary teams to support GPs, providing access to a range of healthcare professionals who support GPs providing comprehensive care to patients.
- **Increasing capacity of the dental service**

How you can look
after your own
health & social care
needs



Value Based Health & Care
Pharmacy First

Right place, right care

Oral Health care

Social Prescribing

Getting vaccinated

Self-Care; NHS Inform

Future Care Plans for the Frail

Connect with others

Live a healthy lifestyle



What matters to you?

- How do you feel about what we have shared with you today?
- How does this reflect your own experiences?
- What matters to you?
 - What matters most?
 - What matters least?
- What steps have you taken to look after your own health?
 - What do you need from us to support that?



Community Bed Based Services | Where are we now?

- Many people in Community Hospitals do not need acute nursing care
- People are remaining in Community Hospitals for longer than they need to
- Health & Social Care availability is very limited
- It is difficult to recruit care staff



What you have already told us

- In Cheviot and Teviot & Liddesdale people said the Community Hospitals are good but have limitations in beds and what they can do
- The role of the community hospital seems to be unclear to the public– is it urgent care recovery, hospice, specialist?
- There are ideas about expanding what the community hospital does to reduce pressure on the BGH

Achievements and areas of focus

- Joint working across the Health and Social Care Partnership
- Borders View (BGH)
- Care Villages and Extra Care Housing
- Technology Enabled Care
- Purpose and role of Community Hospitals
- Hospital at Home pilot
- Respiratory virtual ward
- Discharge without Delay
- Prevention and wellbeing

How you can look after your own health & social care needs

Value Based Health & Care
Power of Attorney
Consider your home
environment
Have a network of support
Look after elderly relatives
(falls, isolation)
NHS Inform for guidance
Get vaccinated
Move more



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Acute Hospital Services | Where are we now?

- All our beds are open all year round so we have no extra space when things get very busy
- Lots of beds are occupied by people who are ready to move to their next place of care. Hospital is not the safest place to be if you are medically fit to move on, especially if you are frail
- We have faced some significant staffing challenges, although this is improving but there are still national shortages of registered nursing and medical staff
- Our performance is not where we want it to be (e.g. A&E 4 hour target)
- Recovery following the Pandemic is difficult with lots of people waiting a very long time to get their treatment
- We need to consider how the Borders General Hospital operates over the next 10–20 years

What you have already told us

- It was a common theme that we are generally good in a crisis but we need to ease pressure by reducing need for crisis response
- There was generally positive feedback about inpatient care
- The BGH is not easy to get to for everyone in the Borders, especially in an emergency



Achievements and areas of focus

- Successful International recruitment: 60 Registered Nurses/Allied Health Professionals and 15 International Medical Graduates
- Virtual Ward pilot (respiratory)
- Hospital at Home pilot
- Near Me appointments
- 'Surge' planning process underway to free up beds for patients requiring planned treatment (e.g. surgical procedures)
- Service / Workforce Reviews: operationally led reviews to forward plan safe, effective, equitable and both clinically and financially viable services

How you can look after your own health & social care needs

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Value Based Health & Care

Waiting Well

Patient Initiated Review

Move More



Connect with others

Use NHS Inform for advice

Get vaccinated



What matters to you?

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- How does this reflect your own experiences?
- What matters to you?
 - What matters most?
 - What matters least?
- What steps have you taken to look after your own health?
 - What do you need from us to support that?



Mental Health Services | Where are we now?

- Significant staffing challenges e.g. Psychiatry Consultant staffing is 43% below establishment
- 'Safe staffing' levels are difficult to achieve across inpatient areas
- Performance is much lower than we would like (e.g. Child and Adolescent Mental Health Services)
- Recovery following the Pandemic is difficult with lots of people waiting a very long time to get their treatment
- Many buildings are old and require upgrading and expansion
- Health creating capacity – what can you do to take responsibility for your own health?



What you have already told us

- Across localities it was perceived that there are challenges within Mental Health services
- The Mental Health Forum said that they had good experiences of multi-agency responses, Local Area Co-ordinators providing support and good co-production of service design and delivery
- Waiting times for mental health services are concerning
- Some people accessing mental health services said they had good experiences with their GPs but those in the LGBTQ+ community said that GPs could improve their support

Achievements and areas of focus

- Renew service: a centralised service offering a 'see and treat' model for mild to moderate anxiety & depression
- Millar House: offering supported accommodation for patients with varying mental health disorders
- Mental Health Community based teams and services
- Dementia Transformation (Borders Specialist Dementia Unit, Extra Nursing Care)
- Service / Workforce Reviews: operationally led reviews to forward plan safe, effective, equitable and both clinically and financially viable services

How you can look after your own health & social care needs

Have a network of support

Connect with others

Get vaccinated

If you are worried, speak to
someone

Stay active & spend time
outside if you can

Wellbeing Service

Breathing Space



What matters to you?

- How do you feel about what we have shared with you today?
- How does this reflect your own experiences?
- What matters to you?
 - What matters most?
 - What matters least?
- What steps have you taken to look after your own health?
 - What do you need from us to support that?





THANK YOU



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Teviot and Liddesdale Funding 2023/24

23 October 2023

Neighbourhood Support Fund (NSF) 2023/24	
	£
Opening balance as of 01/04/2023	£ 42,465.00
Plus NSF (Pot A) Underspend 2022/23	
Plus NSF (Pot B) Underspend 2022/23	
Total available	£ 42,465.00
Less:	
NSF applications awarded since 01/04/2023	£ 8,577.17
NSF applications that are assessed and await decision	£ 1,300.00
Sub-total	£ 9,877.17
Funds remaining if assessed applications are successful	£ 32,587.83
NSF applications still to be assessed	£ -
Potential Overall Position	£ 32,587.83

Other sources of grant funding - Teviot and Liddesdale			
Grant Type	Available	Awarded	Remaining
Local Festival Grants	£ 12,550.00	£ 12,050.00	£ 500.00
Annual Support Grants (Community Councils)	£ 6,370.00	£ 2,950.00	£ 3,420.00
SBC Small Schemes - Hawick & Hermitage	£ 42,448.00	£ 17,702.10	£ 24,745.90
SBC Small Schemes - Hawick & Denholm	£ 33,243.00	£ 18,128.00	£ 15,115.00
Common Good - Hawick, Denholm & Hermitage	£ 33,300.00	£ 31,702.00	£ 1,598.00
SBC Enhancement Trust	£ 2,463.54	£ 2,382.54	£ 81.00
SBC Welfare Trust	£ 2,621.63	£ 1,319.00	£ 1,302.63
	£ 132,996.17	£ 86,233.64	£ 46,762.53

Summary of applications							
No.	Date	Fund	Organisation Name	Amount	Pot	Project	Status
1	21/03/2023	NSF	Eskdale Pony Club	£282.11	A	Hawick Games Rally	Awarded
2	27/04/2023	NSF	Future Hawick	£995.00	A	Hawick welcome hosts	Awarded
3	20/06/2023	NSF	Southdean Village Hall	£800.06	A	Southdean Craft Nights	Awarded
4	01/08/2023	NSF	Burnfoot Community Futures	£1,500.00	A	Burnfoot Projects	Awarded
5	04/08/2023	NSF	Interest Link	£4,500.00	B	T&L Learning disabilities befriending project	Awarded
6	28/08/2023	NSF - fast tracked	Hawick Boxing Club	£500.00	A	Hawick Boxing Club	Awarded
7	22/09/2023	NSF	Hawick Men's Shed	£1,300.00	A	Replacement of computers	Assessed
8							
9							
10							
Total				£ 9,877.17			

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Additional Information

SBC Current Consultations

Have Your Say - Placemaking and Community Engagement Sign Up

Placemaking is a process of community engagement where the opinions and desires of the community are used to inform the future of the places we live, work and play - and by getting involved and telling us what matters to you, we can make sure the voices of all Scottish Borders residents are heard.

Read more: [Have Your Say - Placemaking and Community Engagement Sign Up - Scottish Borders Council - Citizen Space](#)

Newcastleton Play park consultation

SBC is investing over £4 million in Play Areas and Outdoor Community Spaces over a seven year period. The intention is to improve community wellbeing and enhance outdoor activity for children and young people inclusive of all levels of ability. SBC currently has 187 play parks ranging from smaller local areas of play to destination play parks. A programme of investment has been developed based on previous improvements to play areas and community spaces to provide children and young people with meaningful play opportunities. To help ensure this is achieved, play areas will include items that are accessible for all such as wheelchair roundabouts, trampolines, ramped multi plays, basket swings and play panels.

Activity is already underway to develop play areas in various sites across the Scottish Borders. The play area off George and Union Street, Newcastleton George and Union Street, Newcastleton is also due to receive a £200k investment. This survey is to find out what improvements people would like to see in this park.

The online consultation is being run alongside a series of face to face events, which are being held with Little Explorers, Newcastleton Youth Club & Newcastleton Primary School.

<https://scotborders.citizenspace.com/customer-communities/newcastleton-play-park-consultation/>

The consultation closes on 5 November 23.

Footway Parking 2023

The Transport (Scotland) Act 2019 has outlined some major changes to the way Scotland's transport network will operate going forward including some new responsibilities that local authorities will assume.

Under these new regulations, parking on all pavements/footways will be prohibited with the exception of specific areas identified by local authorities that meet certain requirements.

This means that in the future, the only time when parking on the pavement/footway will be allowed, is if this has been agreed officially and Scottish Borders Council has erected the appropriate sign and road markings.

To learn more about the Act, please click on the following link;

[Parking and the Transport \(Scotland\) Act 2019 | Transport Scotland](#)

This consultation exercise is to establish locations where pavement/footway parking currently takes places within the Scottish Borders Council area. Once we have this information, assessments can then be carried out by officers to determine, if this can continue while meeting the regulations.

This survey will give the opportunity for up to 5 locations to be reported. If you have more than 5 locations, you will be required to repeat the survey.

Please access the survey here; [Footway Parking 2023 - Scottish Borders Council - Citizen Space](#)

The consultation closes on 5 November 23.

Partner consultations

Borders Community Action Strategy Consultation

Borders Community Action is one of a network of 32 Third Sector Interfaces (TSIs) operating in Scotland, with one for each local authority area. Formed by the Scottish Government, TSIs aid the development of voluntary and community organisations, social enterprises and volunteering.

Third Sector Interfaces play a crucial role in facilitating communication and collaboration between the third sector and various stakeholders, and your input will help shape the future direction of our plan and activities. This survey is one of the methods we have chosen to consult on our draft strategy. We value your insights and feedback and will be using the information gathered to develop our 3-year strategic plan in 2024.

Please follow the link to take part in the consultation:

[Borders Community Action Strategy Consultation \(office.com\)](#)

Scottish Government Current Consultations

Democracy Matters

Somebody, somewhere is making decisions on your behalf. Democracy Matters conversations have already started to explore whether far more of these decisions could be made by communities themselves. This is a key and connected part of the wider Local Governance Review which is looking across all of Scotland's vital public services to consider how power and resources should be shared between national and local government.

Read more: [Democracy Matters - Scottish Government consultations - Citizen Space](#)

Enhancing the accessibility, adaptability and usability of Scotland's homes: consultation

Housing to 2040, Scotland's first long-term national housing strategy, reaffirmed the Scottish Government's commitment to review the Housing for Varying Needs design guide. It also contained a commitment to develop and introduce an all-tenure Scottish Accessible Homes Standard, which will be implemented through changes to building standards and guidance from 2025-26.

Read more: [Enhancing the accessibility, adaptability and usability of Scotland's homes: consultation - Scottish Government consultations - Citizen Space](#)

Burial and cremation consultation collection

The Scottish Government is currently hosting a range of consultations on proposed regulations to be made under the Burial and Cremation (Scotland) Act 2016. Please read the foreword from Jenni Minto MSP, Minister for Public Health and Women's Health.

Read more: [Burial and cremation consultation collection - Scottish Government consultations - Citizen Space](#)

Food Conversations

The food conversation meeting on Friday 8 September focussed on The Good Food Nation Act, food mapping and public consultation with presentations from Nourish Scotland.

The next Food Conversation meeting will take place on 17 November on Microsoft Teams. If you are interested in joining these meetings, please let us know.

Community Choices

There are no updates for Community Choices. Should this change, an update on the latest meeting will be provided at the Area Partnership.

Community Empowerment

Currently, there are no formal Participation Requests or Asset Transfer Requests being considered within the Teviot & Liddesdale area.

For information about the Community Empowerment (Scotland) Act 2015: [Parts of the Act | Community Empowerment \(Scotland\) Act 2015 | Scottish Borders Council \(scotborders.gov.uk\)](#)

Place Making

A place-based approach is about understanding the potential of a place and coordinating action to improve outcomes, with community participation at the heart of the process. For information, tools and resources on place-based approaches visit [Our Place](#)

Area Partnerships' Information Pack

[About Teviot and Liddesdale | Teviot and Liddesdale area partnership | Scottish Borders Council \(scotborders.gov.uk\)](#)

[Browse meetings - Teviot and Liddesdale Area Partnership - Scottish Borders Council \(moderngov.co.uk\)](#)

[Community engagement, planning and ownership | Area Partnership information pack | Scottish Borders Council \(scotborders.gov.uk\)](#)

Community Councils:

Scottish Community Councils Latest News, including information about funding opportunities and national consultations:

[Community Council News](#)

Scottish Borders Council Meetings

[Browse meetings - Scottish Borders Council - Scottish Borders Council \(moderngov.co.uk\)](#)

Cost of Living Support

[Financial support and advice | Cost of Living Crisis support | Scottish Borders Council \(scotborders.gov.uk\)](#)

Debt Advice:

[Citizens Advice Bureau](#)



Download the NHS
Borders Money Worries
App here

NHS Money Worries App – download from Google Play or the App Store

Covid-19 vaccination programme

<https://www.nhsborders.scot.nhs.uk/patients-and-visitors/covid-19-vaccination-programme/>

NHS Borders website for current updates:

<http://www.nhsborders.scot.nhs.uk/patients-and-visitors/coronavirus/>

Business support

<https://www.scotborders.gov.uk/covid19business>

<https://findbusinesssupport.gov.scot/>

General Funding:

<https://fundingscotland.com/>

[Grants Online](#)

<https://www.tnlcommunityfund.org.uk/>

[Community grants and funding | Scottish Borders Council \(scotborders.gov.uk\)](#)

[Neighbourhood Support Fund | Scottish Borders Council \(scotborders.gov.uk\)](#)

[SBC Enhancement & Welfare Trust](#)

NHS Borders Wellbeing Service:

<http://www.nhsborders.scot.nhs.uk/patients-and-visitors/our-services/general-services/wellbeing-service/>

NHS Borders Wellbeing Point:

www.nhsborders.scot.nhs.uk/wellbeingpoint

<https://www.rcot.co.uk/conserving-energy>

This includes pacing, fatigue management and some ideas about restarting gentle exercise

<https://www.yourcovidrecovery.nhs.uk/>

This covers most aspects, including information from physiotherapy and occupational therapy websites

<https://www.chss.org.uk/advice-line-nurses/>

Phone or email to access their support/advice